

# Okehampton Food Bank

## Shopping List

### Shopping in Lidl

- Pesto
- Curry Sauce
- Unsalted nuts
- Stock Cubes
- Pasta Sauce



### Shopping in Waitrose

- Small bottles of oil
- Packet Custard (Aunt Bessies)
- Dried Lentils, Chickpeas
- Corned Beef
- Tinned Frankfurters

### Shopping in Co-Op

- Fray Bentos Meat Pies
- Corned Beef
- Tinned Frankfurters

**We have sufficient: Pasta, Porridge, Breakfast Cereal, Baked Beans**